

RESPONDING TO THE CALL OF CREATION - MARCH

A NEWSLETTER INSPIRING AND ENABLING CLIMATE ACTION IN THE ARCHDIOCESE OF BIRMINGHAM

FACT

If you reduce your shower time by 4 minutes, you will save an estimated 10 gallons (around 45 litres) of water every time you take a shower.

If you did this every day of Lent, you will save 400 gallons (1800 litres) of water, saving the planet and saving you money!

Fact based on estimates of water consumption source: the EPA

LIVE SIMPLY

Stick to the Friday fast, or if you already do this, reduce your meat consumption each week.

A recent study from the University of Cambridge found that one quarter of Catholics observed the Friday abstinence from meat. This translates into a saving of 55000 tons of carbon per year. If all Catholics did this, we would be saving 220 000 tons each year. If we all had a second meat free day, that could be 440 000 tons saved

NEWS, EVENTS AND OPPORTUNITIES

UN 2023 Water Conference, 22-24 March 2023 Part of the UN's work towards the Sustainable Development Goals for the prosperity and health of people and the planet.

The Big Lent Walk CAFOD has set the challenge of walking 200km over 40 days. Walk when and where you choose to and raise money to help people as they overcome poverty.

“Ecology and the Creation Theology: Exploring a Sacramental Worldview” 29th April 2023 Oscott College, Birmingham
The Symposium is a chance to engage with the popular issue of Ecology by exploring its depths from a theological, philosophical and Christian spiritual context. Booking:
<https://www.eventbrite.co.uk/e/511548464227>

LIVE SUSTAINABLY

Purchase plastic-free Easter eggs or even make your own alternative. For example, you could weave yourself an egg shell and fill it with foil-covered eggs or personalised gifts instead.

LIVE IN SOLIDARITY

Join with others this Lent in protecting and praying for our common home by following a Lent calendar from the Laudato Si' Platform.
<https://laudatosilent.org/>



FOR MORE INFORMATION OR TO GET INVOLVED IN CLIMATE ACTION IN THE ARCHDIOCESE OF BIRMINGHAM, PLEASE CONTACT CLIMATEACTION@RCAOB.ORG.UK