



Societas Presbyterorum
Sacratissimi Cordis Jesu
BETHARRAM

SACRED HEART & ST CATHERINE OF ALEXANDRIA

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Today's Mass Readings

Exodus 16: 2-4, 12-15;
Psalm 77;
Ephesians 4: 17, 20-24;
John 6: 24-35

**Welcome to this House
of God:
Talk to God before Mass
Listen to God during Mass
Talk to others after Mass**

| This Week 1st August - 8th August Psalter Week 2 | Mass Intentions | Other Events |
|--|--|---|
| Sunday 1st August Eighteenth Sunday in Ordinary Time Year B | 8.30 am Vincenza Eaton RIP (MF) 10.30 am Catherine Sckowski RIP (BS) 6.00 pm John and Mary Ryan (DR) | |
| Monday 2nd August Feria in Ordinary Time | 9.15 Holy Mass | |
| Tuesday 3rd August Feria in Ordinary Time | 9.15 am Dennis O'Hara RIP (BO) | |
| Wednesday 4th August Memorial of St. John Mary Vianney, Priest | 9.15 am Holy Mass | 6.00 pm: Adoration & Benediction (Live Streamed only) |
| Thursday 5th August Feria in Ordinary Time | 9.15 am Holy Mass | |
| Friday 6th August Feast of the Transfiguration of the Lord | 9.15 am Holy Mass 11.00 am Funeral Service | 6.30 pm: Novena to the Sacred Heart (Live Streamed only) |
| Saturday 7th August Feria in Ordinary Time | 11.00 am Holy Mass | 10.15 am - 10.45 am: Confessions |
| Sunday 8th August Nineteenth Sunday in Ordinary Time Year B | 8.30 am Vincenza Eaton RIP (MF) 10.30 am Holy Mass 6.00 pm Holy Mass | |

“Consumerist individualism has led to great injustice. Other persons come to be viewed simply as obstacles to our own serene existence; we end up treating them as annoyances and we become increasingly aggressive. This is even more the case in times of crisis, catastrophe and hardship, when we are tempted to think in terms of the old saying, “every man for himself”. Yet even then, we can choose to cultivate kindness. Those who do so become stars shining in the midst of darkness.”

Pope Francis, Fratelli Tutti (paragraph 222)

**SACRED HEART
COMMUNITY**

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(Parish Priest)
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**In an emergency, please
contact: 07448 042484**

Fr. Brian Boyle SCJ
(Retired Priest)

Fr. Tom Kelly SCJ
(Retired Priest)

Bro. Patrick Leighton SCJ

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RESPONSORIAL PSALM

8.30 am & 10.30 am: The Lord gave them bread from heaven.

**6.00 pm: Come Lord and save us, Maranatha come into our
world**

PRAY FOR OUR SICK PARISHIONERS

Please pray for all our parishioners, and/or their friends and relatives, who
are unwell:

Mary Arulandhu, Barbara Conway, Eileen Dalton, Delores Delaney, Frank
Fawcett, Sheila Ferriter, Joan Graham, Beryl Hill, Alan Hurst, John Jennings,
Sheila Manion, Sally McCool, Andrew McDermott, Jackie McLean, Michael
Sheridan, Jacky Smith, Paul Smith, Margaret Steward, Angela Wardle, Breda
Wightman, Mark Wightman, Richard Wightman, Monsignor Graham
Wilkinson & Phil Yates.

**Due to the new data regulations (GDPR), the Archdiocese have requested
that we do not list names unless we have the consent of the individual. If
you would like your name to be included in this list please contact
Fr. George SCJ or Kate Dalgleish. Please note that the newsletter is also
placed on the parish website. Thank you for your understanding.**

RECENTLY DECEASED

Your prayers are asked for **Christopher Campbell-Johnston** and **Stella
McDermott** who died recently. Funeral details to follow. May their souls
and the souls of all the faithful departed through the mercy of God rest in
peace. Please keep their family and friends in your kind thoughts and
prayers.

PARISH PICNIC & AFTERNOON TEA

SATURDAY 21ST AUGUST 2021 12.30 PM - 3.30 PM

This is an opportunity for parishioners, old and new, to socialise together,
as this has been very restricted for us over the past eighteen months. The
picnic will be on the grass at the back of the church hall. The hall itself will
also be available. We hope to have gazebos to shade us from the blazing
sun! Please bring:- your family, a picnic, rugs/chairs for yourselves and
sunhats. We will provide:- tea, coffee, squash and cake! (Offers of
home-made deliciousness gratefully received! Just bring them with you on
the day.) Some parishioners may prefer to just pop in for tea and cake
rather than a full-blown picnic, and that's fine. Please put your names on
the clipboard at the back of church if you are coming so we know how
many gallons of tea to make! See you there!

PARISH SECRETARY

Over the next few weeks the Parish Secretary will be gradually returning to
being office based with the aim of being permanently office based from the
week commencing Monday 6th September. For the weeks commencing
Monday 2nd August and Monday 9th August the Parish Secretary will be on
annual leave. Please contact Fr. George for any urgent enquiries. Everything
else will be looked at on my return to work on Monday 16th August.

COVID 19 STEP 4 GUIDANCE

As the country moved into Step 4 on Monday 19th July with the easing of restrictions, we as parish community are also glad to welcome the changes with caution. Having studied both government and diocesan guidelines we will make the following changes which will take effect by Monday 26th July. Our primary concern is to ensure that our church continues to be a place where people feel safe to gather to worship.

- **Sanitise** your hands at the entrance and exit.
- **Masks:** Even though wearing mask is not a legal requirement we highly recommend you to wear a mask in the church.
- **Test and Trace:** Please give your name and contact details to the steward for Track and Trace or make use of the QR code provided at the entrance.
- **Seating:** There will not be any cordoned pews, so you can occupy any pew you wish to sit. In a pew a maximum of four people can sit, except family pews. Please leave the family pews for the families with children.
- **Holy Communion:** Holy Communion will continue to be under one kind. During Holy Communion, the people sitting on the first pew at the right side of the church will proceed to receive Communion and others will follow the same. Once the right side is over, the person sitting at the last pew on the left side of the church will proceed for Communion and the rest will follow the same.
- **Congregational Singing:** Indoor congregational singing is permitted. It is recommended that singing should be phased in gently as part of worship and that face coverings should be worn by members of the congregation whilst singing together, until infection levels reduce.
- **Exit:** To exit please use both the main door and the side door.
- **Capacity of the Church:** Increased to 150
- **Church visiting by the public:** The church will be open to the public for private prayer and for visiting from 8.00 am until 1.00 pm.

A big thank you to all of you for your cooperation and understanding during the time of the pandemic. We expect the same cooperation and support to continue. Always be considerate and kind towards others so that together we can defeat this pandemic.

CAFOD: CLIMATE CHANGE

Climate change is a challenge that affects us all. Recent events of horrific fires out of control and devastating floods make the problems more real every day. Looking towards the International Climate Talks in Glasgow in November, CAFOD asks for help from us. Leaflets are available free from the back of church. We are asked to take it home, sign it and post it free to the PM or return it here or do it on line as suggested. More leaflets are available if needed. Thank you for your support. Justice and Peace Group

Act of Spiritual Communion Prayer

*My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come spiritually into my heart.
I embrace You as if You were already there
and unite myself completely to You.
Never permit me to be separated from You. Amen.*

SAVE THE DATE

*Centenary
Celebration Mass:
Saturday 9th
October at
3.00 pm*

CHRISTOPHER CAMPBELL- JOHNSTON

Christopher Campbell-Johnston, who lived in this parish with his wife Mary for more than 40 years, died peacefully last week in Devon at the age of 88. The 8.30 am Mass will be said for him on Sunday 22nd August at Sacred Heart Church.

ALTAR SERVERS

As we are gradually getting back to normal we welcome back our altar servers to serve for each Mass on Sundays. The Guild of St. Stephen here at Sacred Heart Church will warmly welcome children those who received their First Holy Communion. If you wish to join the altar servers please contact Fr. George or Kevin Larkin.

*Registered as a
Charity, Birmingham
Roman Catholic
Diocesan Trustees:
Registered Charity
Number 234216.*

Main Collection
(Sunday 18th July):
£205.92

Gift Aid (Sunday 25th
July): £180.00

Mass Attendance
Last Sunday (church
capacity with social
distancing 1m + = 80)

8.30 am: 64

10.30 am: 61

6.00 pm: 34

Thank you for
supporting your
Parish.



FOODBANK

There is a new wish
list for Sunday 18th
July that is on the
website. Thank you
for your generosity.



Next Sunday's Mass

Readings

1 Kings 19: 4-8;

Psalms 33;

Ephesians 4: 30 -
5: 2;

John 6: 41-51

Welcome to everyone at Mass today, especially if you are new to our church or haven't been to Mass for some time. If you are of another Christian denomination or non-Christian you are warmly invited to approach the priest or minister and ask or signify your wish for a blessing.

Bread for the Mind and the Spirit

The first reading and the Gospel of today make clear that bread is only the starting point of all that is to follow. However, the Israelites, in the first reading of today, and those who follow Jesus, in the Gospel text of today, are not able to recognize this and continue to remain at the level of material bread. The response of Moses and Jesus to the people is similar. It is God alone who gives true bread. However, while these words in the mouth of Moses refer to Yahweh, God, who gives the manna, in the mouth of Jesus they refer to Jesus. The misunderstanding of the people continues and they remain at the material level. They still want signs.

This request for a sign is strange, coming as it does immediately after Jesus has fed the five thousand. However, though strange, it is expected, since their ancestors in the desert had made a similar request of Moses. In his reference to the Manna in the desert, Jesus explains that it was not Moses, but God, who gave their ancestors bread. Jesus goes even further and informs them that the bread that their ancestors ate is not something only in the past, but it is available even in the present. This present bread is indeed true bread that has come from heaven the Eucharist. They can receive it if they truly desire it. While Moses could give them only the bread that God gave him to give, Jesus gives them something more, the bread that is his very self. This is bread which, because it is given once for all in the person of Jesus, is also given always.

The tendency of today's world is to look for external need. Jesus intends to move the crowd from the merely material to the spiritual, from the merely physical to the metaphysical, and from the merely external to the internal, that is, from the body to the heart. While acknowledging that physical hunger is the basic and even primary need of the human being, precisely because we are human beings, there is more. We do not stop after our physical hunger has been satisfied. The fact is that physical food satisfies only a small part of our needs.

The major component of the satisfaction of the human person is the satisfaction of the heart and mind. This is why most doctors all over the world are agreed that the great majority of our illnesses today are not physical but psychosomatic. Some studies have proven that one fourth of our adults are suffering from one kind or other mental illness. That is, they must do primarily with the mind and heart and only then, with the body. This means that, if our minds and hearts are not at ease, the body is affected. This means that, no matter how much physical food may be available to us, we will still be left unsatisfied. When we fail to nourish our mind, our heart, and our spirit, life lacks meaning. Grief, disappointment, illness, anxiety, overwork, a sense of betrayal, failure, or purposelessness, sets in and it can make it seem that just going on living is an effort scarcely worth making. We may be physically filled, but we still feel depressed, apathetic, and bitter, with no sense of anything better.

Therefore, following his plea for unity based on the reality of the Christian's identity with Christ, St. Paul emphasizes that this new identity transforms our very being into a new person. This new person is one who realises that there is much more to life than merely satisfying carnal desires. This new person, because he/she has experienced Christ, will focus on renewal of mind, spirit, and heart as necessary steps toward that fullness of life which Jesus came to bring by becoming, for all, the bread of life. Fr. George Mathew SCJ