

WALKING TOGETHER WITH JESUS: LENT RETREAT 2020



Deepen your prayer life through Lent with scripture reflections and resources, and discover different ways of praying, find help with decisions.

What is the Lent Retreat?

It is a daily time of prayer (aiming at 15-30 minutes), a weekly meeting of around an hour with others doing the retreat and a prayer guide. You will be able to follow the retreat online and sign-up for daily emails.

Who is it for?

Anyone who is already Christian and who wants to deepen their prayer life, or someone who is not sure what they believe but is willing to take a risk and seriously explore the reality of God. Either way, it is for any generous soul willing to commit to the elements of the week.

What is the programme?

The core elements are personal prayer each day, using scripture of the day, then reviewing how that prayer time went, and meeting with your group weekly, on Wednesday evenings. During the weekly meeting there will be opportunity for sharing and input on different ways of praying and how to deepen your relationship with God.

Why take part in the retreat?

When we are generous, God is more so. We encounter a God who loves and calls us. It can also help us feel connected with our local community.

How much does it cost?

The Retreat is offered free of charge (although a small donation towards the cost would be gratefully accepted!). If you wish, you may also make a donation to Jesuits in Britain spirituality programme.

But I'm useless at praying!

Join the club!

Who organises the retreat?

The retreat has been organized by the spirituality team from The Ignatian Spirituality Centre, Glasgow and there will be resources available to you via the website:

<https://www.pathwaystoGod.org/lent-retreat-2020>

Your local prayer guide is running the group on a purely voluntary basis.

Weekly Meetings

These will be from 7.00 until 8.00 pm in the Parish Hall at Sacred Heart Church, 208, Worcester Road, Droitwich Spa WR9 8AZ. The Opening meeting will be on Wednesday 19th February and then meetings will be on each of the following Wednesdays: 4th, 11th, 18th & 25th March, 1st, 8th and 15th April. (There is no meeting on Ash Wednesday, 26th February).

How do I sign up?

Please contact Kate Dalglish at sacredheartdroitwich@hotmail.co.uk or on 01905 773258 or Cecilia or Max Jourdier at mandcjourdier@gmail.com. You can also register for daily emails and access to online resources on www.pathwaystogod.org.